



2020 ANNUAL REPORT



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W E L C O M E

A very warm welcome to the Dundee United Community Trust 2020 Annual Report. The year 2020 will forever be remembered as one of the most challenging in generations due to the impact of Covid-19 and many within our community, and across the world, have sadly suffered as a result. It is not surprising that much of our focus was on adapting our work to provide vital support to those who needed us most.

We're exceptionally proud to have been selected as not only the Best Para-Football Project in the East Region by the Scottish FA but also as the Bronze Award winner in the 2020 UEFA Grassroots Awards Programme. Effectively, we reached the semi-finals of the Champions League, much like our Club did in 1984. This European award adds to a growing list of accolades received by the Trust. While our focus is on improving the lives of people in Dundee and the surrounding areas rather than awards and recognition, it's fantastic to receive them as a testament to the team of volunteers, staff and Trustees, and is rich reward for their hard work and commitment.

This report is the first checkpoint of how we're performing against our new strategic plan and there have been many highlights, even against the backdrop of very real crisis locally, nationally and internationally. We hope you enjoy reading about our year striving to be the most innovative and impactful Charity of our kind in Scotland.

Jamie Kirk
Chief Executive

David Dorward MBE
Chair

BOARD OF & KEY

BOARD OF

David Dorward MBE (Chair), Gavin Muir
Colin Clement, Colin Stewart, Ian Grant, Ian Low



**Connor
Moyes**
Para-Sport
Development
Officer



**Danielle
Geekie**
Senior
Community
Coach



**Geo
Car**
Girls & W
Develo
Offi

TRUSTEES STAFF

TRUSTEES

Mr (Vice Chair), Susan Batten (Treasurer)
Mrs, Moira Hughes, Rizwan Rafik, Stuart Campbell



Jamie Kirk
Chief Executive



Paul Wilson
Head of Community Development



Georgia
Womens
Development
Officer



**Michael
Anderson**
Early Years
Development
Officer



**Melissa
Gormley**
Community
Development
Officer

MISSION, VISION & STRATEGIC PILLARS

We set a new 5 year strategic plan which we announced at a well-attended event at Tannadice Park in December 2019. This strategy guides our work until the end of 2024 and this report details our progress in year 1.

Our mission is to work with Dundee United Football Club to improve the lives of people in Dundee and the surrounding areas.

Our vision is to be the most innovative and impactful Community Trust of its kind in Scotland, recognised as a key player in sport and community development locally and a strong example of best practice in sport for change.

Four strategic pillars guide our work, with a broad range of activities and services delivered across them:

- Healthy Lifestyles
- Lifelong Learning
- Sport For All
- Uniting The Community



OUR STORY SO FAR

2017

Became Official Charity of Dundee United Football Club, relaunching as Dundee United Community Trust.

Community based projects transferred from Dundee United FC to the Trust upon its inception.

Launched the Walking Sports Club project for over 50s.

Launched the Homework Club, a curricular enrichment project.

Hosted a Burns Supper to celebrate volunteering in Dundee.

£59,012

INVESTED IN OUR COMMUNITY IN 2017

2018

Huge growth achieved, building on the community programmes transferred from Dundee United Football Club at the relaunch.

Part of the National Launch of the SPFL Trust 4-4-2 Reading Challenge project.

Piloted new breakfast clubs in 3 local schools.

Supported local charity Dundee Bairns in the delivery of food and football after school.

Delivered our first Christmas Day meal, supporting 68 members of the local community.

£272,746

INVESTED IN OUR COMMUNITY IN 2018

2019

Launched a brand new Para Football Club to provide opportunities for people with a disability to take part in sport.

Removed the cost of all after-school soccer centres, providing 100s of hours of free football coaching targeted in areas of multiple deprivation.

Secured significant funding from Scottish Government to deliver an innovative infant oral health intervention, Terry's Tooth Club.

Dundee United WFC achieved promotion to SWPL 2.

Worked with Dundee United FC to significantly revamp then put on their annual Open Day.

AWARDS & RECOGNITION IN 2019



SCOTTISH FA EAST REGION'S
BEST FOOTBALL FOR ALL PROJECT



SCOTTISH FA GRASSROOTS AWARDS
BEST PROFESSIONAL CLUB
IN THE COMMUNITY



GOOD GOVERNANCE AWARD
THE QUALITY STANDARD FOR
SCOTTISH CHARITIES

£292,628

INVESTED IN OUR COMMUNITY IN 2019

2020

Embarked on our new strategic plan set to guide the next 5 years of development of the Charity.

Launched United v Covid-19 to provide crisis support to those in the community who need it most.

Announced Kingspark School as the Trust's first Official Partner School, with a staff member based in the school 3 days per week supporting children with complex additional support needs.

Successfully adapted delivery method for Festive Friends to support more people than in previous years.

Completed delivery of our innovative Education Hub pilot, working with 5 local schools to provide wraparound support to targeted pupils.

AWARDS & RECOGNITION IN 2020



SCOTTISH FA EAST REGION'S
BEST PARA FOOTBALL PROJECT



UEFA GRASSROOTS AWARDS
BEST PROFESSIONAL FOOTBALL CLUB
BRONZE AWARD

£399,373

INVESTED IN OUR COMMUNITY IN 2020

DELIVERING OUR STRATEGY: HEALTHY LIFESTYLES

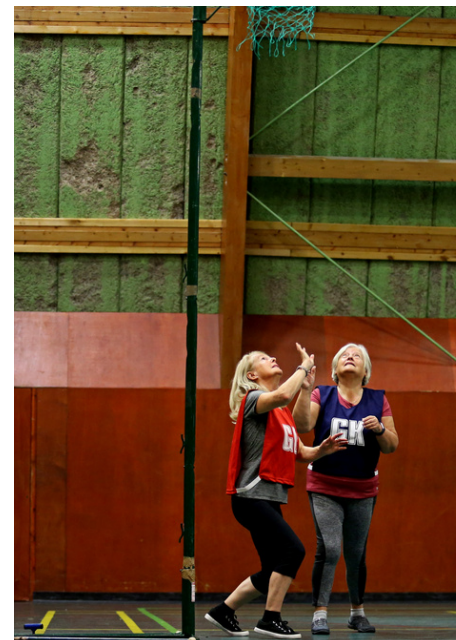
Dundee United Community Trust understands the challenges many people face in trying to achieve a healthier lifestyle and works to support those who are currently inactive to become more active, as well as encouraging those who are already active to stay active. Promoting positive mental health is also an important area of work for the Trust and in 2020 DUCT continued to provide support to those at risk of experiencing, living with, or recovering from challenges with their mental health. The Community Trust provides its support through the delivery of a range of innovative and engaging projects.

Football Fans in Training is a free 13-week project delivered funded by the SPFL Trust which provides participants the chance to lose weight, adopt a healthier lifestyle and get fitter. Despite the impact of Covid-19 resulting in a reduced number of intakes, DUCT still supported 34 men and women to take steps to improve their health at Tannadice Park; discussing topics such as portion sizes and the impact of alcohol consumption on diet and health as well as the introduction and gradual progression of physical activity.

The Community Trust delivers a unique walking multi-sports club for men and women aged 50 and older in the Community. While the number of sessions delivered reduced in 2020 due to fluctuating restrictions as a result of Covid-19; membership of the Walking Sports Club peaked at 49 unique members.



Some of our FFIT participants receive their certificates



Our Walking Netball group for those over the age of 50



certificate upon completion of the course

KEY STATISTICS

As a collective, the DUCT Football Fans in Training groups lost:

- 144.57kgs in weight
- 135.18cm in waist circumference

JOHN'S STORY

John suffered a very unexpected heart attack in Spring 2012, spending 6 nights in hospital and having 3 stents fitted before rediscovering his love for football at 60 years of age.



John (white kit) playing walking football

John had attended one of DUCT's first walking football sessions, a demonstration event at the City Square to celebrate International Day of the Older Person and has not looked back since and credits walking football as playing a key role in improving his health as well as fostering new friendships.

John commented, *"I'm now 68 years old and play 4 times a week, twice for DUCT and also play at various tournaments and festivals throughout the year. Anyone who thought they were past it, just get the trainers out and start again."*

age of 50 is one of our Walking Sports Clubs



DELIVERING OUR STRATEGY: LIFELONG LEARNING

The attainment gap between the most and least disadvantaged children and young people is a key challenge in the local community, and the Community Trust delivers a range of activities and projects aimed at bridging this gap; using the unique environment of Dundee United Football Club to engage participants in learning.

Having started working with Kingspark School in 2019, the Community Trust was thrilled to announce the school as its first official partner school in 2020. This important piece of work sees the Trusts' Para-Sport Development Officer based part-time in the school. Following the launch of the schools' first after-school football club; DUCT is now embedded within the school curriculum, improving health and wellbeing outcomes as well as supporting transition for senior phase pupils.

An Education Hub project pilot concluded in 2020 and was designed to provide extensive daily support to targeted pupils. Pupils from five local primary schools started their day at Tannadice Park with a balanced breakfast and walked to school with a Community Trust coach, before returning to Tannadice for a healthy dinner and homework support/engaging activities. The Community Trust also continued to work with Primary Schools across the City to deliver health and well-being, numeracy, literacy and my world of work focussed activities.

The CLD United project continues to provide employability support to targeted young people in the community and employs 15 young people to deliver peer-led diversionary activity across two sites. In addition to strong employability outcomes, this project also delivers 6 hours per week of free football in areas of multiple deprivation; providing opportunities for 100s of young people to stay active.



Our CLD United project restarted in August



Our Education Hub participants



2020 with Covid restrictions implemented

enjoy their 2019 Christmas Party



KEY STATISTICS

On average 115 nutritious meals were delivered each week to vulnerable local primary school pupils as well as over 250 hours of out of school support. Across all its work in primary schools, DUCT engaged over 200 pupils in 100s of hours of activity.

PARTNER'S VIEW

"Dundee United Community Trust first started to work with us in August 2019. During that time together we have established a secondary age football club during lunchtime and our first ever after school primary age football club. This has been a huge achievement for us as a school and a huge benefit for our families.

Families with children with complex additional support needs often feel marginalised and unable to access mainstream clubs and supports. Working with DUCT has enabled us to provide children with complex ASN an opportunity to be more active, socialise and provide much needed respite for families. Dundee United Community Trust has been a tremendous asset to Kingspark School and I look forward to continued partnership."

Paul Dow, Head Teacher at Kingspark School



Paul Dow and David Dorward at our Partner School launch

DELIVERING OUR STRATEGY: SPORT FOR ALL

The benefits attached to participating in sport are well reported and Dundee United Community Trust believes that everyone should have the opportunity to take part. That's why DUCT focusses on removing the barriers to participation and targets resource specifically at increasing opportunities for under-represented groups.

Dundee United Community Trust's ground breaking Para-Sports Club provides increased opportunities for those with a physical disability, learning disability, sensory disability and those with a mental ill health diagnosis to take part in sport and physical activity. DUCT delivers 11 weekly sessions for children with a physical disability, children and young people with a learning disability, powerchair football, soccer centres at Kingspark School and its Mental Health and Wellbeing Football Club. In 2020, membership of the Para-Sports Club grew to 80, making it one of the largest providers of sport for people with a disability in the Region.

In its first full year of operation, the Dundee United Girl's Academy membership grew to 72 members aged 6 to 16 with teams in place from under 9s to under 15s; providing a direct pathway to the hugely successful Dundee United Women's Football Club. In November 2020 Zoe MacLean became the first Girls Academy player to make their debut for the senior team.

Despite restrictions, DUCT continued to provide opportunities for local children and young people to take part in recreational football; with over 140 registered to take part in the ever-popular Junior Academy and Goalkeeping Academy programmes.



One of our Para-Sports Club members taking part in a session.



A young player signs on for another session.



es part in our first-ever Para Football Camp

KEY STATISTICS

49% of our sports sessions were targeted at under-represented groups
- 28% of all our participants were female (557 participants) and 8% of all our participants have a disability (161 participants).

PARENTAL FEEDBACK

"I would just like to pass on my thanks to everyone involved in providing the taster session held on Friday night - Ross really enjoyed it and was really buzzing after it. It's a fantastic opportunity that you're offering and Ross is very keen to sign up to the programme."

As well as the football side it was very reassuring to see the health and safety measures that you have in place. As a parent it can be a little daunting allowing kids back to their activities but we were very impressed with all that you have in place and it felt very safe."

ason at Dundee United Girls Academy



DELIVERING OUR STRATEGY: UNITING THE COMMUNITY

Dundee United Community Trust is united in challenging the inequalities faced by the people and communities we work in and for. By leveraging the unique brand and reach of Dundee United Football Club, DUCT is able to engage those who are often considered the hardest to reach and provide them with targeted support.

For the third year in a row DUCT provided support over the festive period to people living in difficult circumstances within the community. Covid-19 not only meant the Trust had to alter its delivery method; adopting a door to door delivery service instead of welcoming people to Tannadice Park; but it also significantly increased the demands placed on the Festive Friends service. This year DUCT provided meals and/or grocery bags to 215 individuals and families between 23rd and 25th of December. Not only were many of the recipients living on their own and therefore at high risk of experiencing depression due to isolation, 66% of the beneficiaries – according to the Scottish Index of Multiple Deprivation - also lived in the 20% most deprived areas of Dundee. The project adopted a true multi-agency approach, with 25 agencies and partners involved in making referrals into the service.

In addition to Festive Friends, the Community Trust also provided support to other local partners with similar aims and objectives such as the Cash for Kids Mission Christmas Appeal by Tay FM. The campaign resulted in the distribution of 3,842 gifts to vulnerable children in the Tayside area and DUCT is proud to have played a small part by donating staff time to support the sorting and packing of gifts. DUCT also provided operational support to the Hilltown Community Centre Larder, donating a day of staff time to help keep the service going over the festive period for those who needed it.



One of our volunteers packs a car before delivery



Our staff support Cash For Kids and



Delivering our Festive Friends meals and packages

KEY STATISTICS

We supported the distribution of over 1,200 lunches to vulnerable children during the crisis phase of the pandemic. We also delivered food and gifts to 215 people over the festive period.

ARCHIE'S STORY

Archie, 80, is a member of the Scottish Dementia Working Group and is a Trustee with Alzheimer Scotland. Archie has lived with vascular dementia for 8 years and now lives alone in sheltered housing.



Archie speaking at the Dundee Ladies Probus meeting in 2019

Archie was independent and very active until he caught Covid earlier in 2020. Since then Archie became fatigued and lacked motivation. As he was shielding, Archie couldn't even go to the shop and, due to travel restrictions, he was unable to visit his family in England and was alone at Christmas.

Through our Festive Friends project, we delivered a hot Christmas dinner to Archie on Christmas Day. Archie also received a phone call from the Dundee United first team squad on Christmas Day.

Archie reached out to us shortly afterwards, *"Not getting to see any family over the festive period was really hard but the visit from the Trust made a big difference and was a life saver."*

Tay FM's Mission Christmas Appeal



COVID RESPONSE

Less than 3 full months into its new Strategic Plan, DUCT was required to rapidly adapt its normal services and delivery methods following the country being placed in lockdown to stop the spread of Covid-19. The challenges the Trust sought to alleviate were still there, indeed even more so in most cases, however face to face service delivery was no longer possible. In response to the unprecedented impact of the virus on health, finances and everyday life; Dundee United Community Trust launched the “United vs Covid Campaign” – a collection of services and activities specifically geared towards providing crisis relief in the community.

My Home Team – a project designed to tackle the effects of isolation, loneliness and the impact Covid-19 has had on people’s mental health and wellbeing – saw the Trust make and receive over two thousand phone calls which supported 618 people, and a group of 13 took part in weekly Zoom meetings led by DUCT staff. The Trust supported Dundee Bairns, a local charity which tackles food poverty, by making Tannadice a safe and accessible point to collect pre-packed meals; resulting in 2,140 lunches being distributed to children who normally rely on free school meals over an eight-week period.

As schools were set to re-open, the Trust got to work on creating Pick Me Up Packs for 100 local primary school children who, for a variety of reasons, found lockdown particularly challenging and had been identified as those who were in need of some support. The packs consisted of a Dundee United FC school bag, four DUFC themed activity booklets, a copy of Lucy’s Blue Day: Children’s Mental Health Book, Dundee United FC merchandise (pencil case, pen, pencil, diary and wristbands) and a selection of items that encouraged positive oral health. Not only did the packs benefit the children, they also reduced stress on families to purchase these essential items at a time when many people’s income was being impacted by the virus.



One of the 100 local primary school children



A staff member delivers a foot



Children who received a DUCT Pick Me Up Pack

Trust staff adapted to deliver football sessions online for children. These sessions gave the children the chance to see their coaches, their friends and take part in an organised football session. At its peak, 24 sessions were being delivered each week.

In addition to the DUCF themed activity booklets being made public, the Trust created two exercise booklets specifically for early years and those over the age of 65. Both booklets contained simple exercises that could be done without leaving the house and that, if done daily, would help improve balance, co-ordination and core strength.

Football session online for children



In the build-up to Halloween, DUCT worked with local partners to provide 100 Halloween packs to local primary school children. The packs were filled with treats, DIY decorations and two pints of milk, with the empty carton then being used as part of the DIY decoration activities.

PARENTAL FEEDBACK

"Just wanted you to pass on my huge thanks and well done to all staff involved with Sunday training. Liam was nervous and worried about coming back and was put at ease straight away by staff who were very relaxed and welcoming. The safety measures put in place were perfect but not alarming for the children. Thank you for doing so well."

OUR LOGIC MODEL

OUR STRATEGIC PILLARS



HEALTHY LIFESTYLES



LIFELONG LEARNING



SPORT FOR ALL



UNITING THE COMMUNITY

OUR FUTURE GOALS

Contribute to reducing the attainment gap in and around Dundee.

Raise aspirations through inspiring those we work with.

Play a part in improving the mental health of people in Dundee and its surrounds.

Support in improving active participation in community based activities and services.

Help more people to get and stay active in our community.

LOCAL STRATEGIES



CITY PLAN

- Reduce unemployment.
- Improve early years outcomes.
- Close the attainment gap.
- Improve physical, mental and emotional health in children and young people.
- Improve health and wellbeing outcomes for children and young people who experience inequalities.
- Reduce obesity.
- Improve mental health and wellbeing.
- Reduce levels of anti-social behaviour.

NATIONAL STRATEGIES



NATIONAL PERFORMANCE FRAMEWORK

- **CHILDREN AND YOUNG PEOPLE:** We grow up loved, safe and respected so that we realise our potential.
- **COMMUNITIES:** We live in communities that are inclusive, empowered, resilient and safe.
- **EDUCATION:** We are well educated, skilled and able to contribute to society.
- **FAIR WORK AND BUSINESSES:** we have thriving and innovative businesses, with quality jobs and fair work for everyone.
- **HEALTH:** We are healthy and active.
- **POVERTY:** We tackle poverty by sharing opportunities, wealth and power more equally.



ONE NATIONAL PLAN

- FOOTBALL FOR LIFE:** Grow the value and benefit of football for individuals, communities and society across Scotland, providing high quality opportunities for everyone to participate and develop through our game.
- **GROWING THE GAME:** Grow the scale and diversity of our football membership through improved opportunities for people of all ages, abilities and backgrounds.
 - **DEVELOPING TALENT:** Contribute to the improvement of better players, coaches and officials through high quality support via ANAs, leagues, clubs, coaches and players.
 - **FOOTBALL FOR SOCIAL CHANGE:** Improve the breadth of impact that football has in contributing to Scotland's social capital.

INTERNATIONAL STRATEGIES



SUSTAINABLE DEVELOPMENT GOALS

DUCT currently meets 8 out of 17 of the UN's SDGs.



OUR IMPACT



OUTCOMES

Reduce unemployment

Improve early years outcomes

Close the attainment gap

Improve physical, mental and emotional health in children and young people

Improve health and wellbeing outcomes for children and young people who experience inequalities

Reduce obesity

Improve mental health and wellbeing

Reduce levels of anti-social behaviour



OUR IMPACT

15 young people from the local community were employed to deliver peer-led diversionary work.

88 hours of education and physical activity themed around infant oral health were delivered.

78% of participants in our education project reported improved literacy skills and 87% reported improved numeracy skills.

1,281 hours of physical activity specifically for children and young people were delivered.

105 children and young people taking part in our physical sessions have a disability.

Those who attended our Football Fans In Training project lost a combined 144.57kg in body weight and 135.18 inches off their waists; dropping 79 BMI points between them.

311 people from the local community were supported with over 800 wellbeing phone calls being made during the first lockdown.

CLD United delivered 120 hours of free diversionary football for children and young people in the City, with an average of 40 people attending each session.



OUTCOMES

CHILDREN & YOUNG PEOPLE:
Child material deprivation

COMMUNITIES:
Loneliness

EDUCATION:
Attainment

FAIR WORK AND BUSINESSES:
Employees on the living wage

FAIR WORK AND BUSINESSES:
Gender balance

HEALTH:
Health risk behaviours

POVERTY:
Food insecurity

POVERTY:
Relative poverty after housing costs



OUR IMPACT

396 hours of free football were delivered to remove the cost barrier.

139 meals were delivered to isolated older people as part of Festive Friends, with phone calls being made to all who requested one.

219 primary and secondary school pupils were supported through curricular enrichment activities.

100% of DUCT staff earn the living wage or above.

64% of working hours are completed by female employees.

34 adults engaged in 26 sessions of education and guidance on healthy habits and making small changes to lifestyles.

123 breakfasts and hot dinners were distributed to vulnerable local children via extra-curricular support activities.

Assisted with the distribution of 1,125 lunches to local vulnerable children during the crisis phase of the first lockdown.

100 Pick Me Up Packs were distributed to vulnerable local children to assist with the costs of returning to school following the first lockdown.



OUTCOMES

GROWING THE GAME:

Grow the scale and diversity of our football membership through improved opportunities for people of all ages, abilities and backgrounds.

DEVELOPING TALENT:

Contribute to the improvement of better players, coaches and officials through high quality support via ANAs, leagues, clubs, coaches and players.

FOOTBALL FOR SOCIAL CHANGE:

Improve the breadth of impact that football has in contributing to Scotland's social capital.



OUR IMPACT

An increase of over 80 registered female players. We now cater for 103 players registered with Scottish Womens Football.

Over 75 participants with a disability at Dundee United Para-Sports Club sessions each week.

99 participants at free, weekly school-based football coaching sessions, with signposting to community-based clubs.

11,000+ attendances at football coaching programmes in Dundee, Angus and Fife.

Over 1,000 hours of volunteering in the girls and women's pathway alone.

17 new coaches joined Dundee United Community Trust, 9 of those new coaches being female.

We launched an Advanced Player Development Programme to give talented players the chance to improve their skills and confidence.

910 people were supported in community-based (non-football) activity.

1,600 meals were delivered to vulnerable people in our local community.

We produced digital delivery packs to support home schooling during lockdown that received over 41,000 engagements.

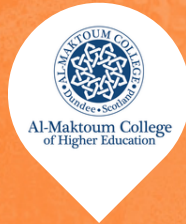
OUR PARTNERS & FUNDERS



Dundee United Football Club



Alexander Moncur Trust



Al-Maktoum College of Higher Education



Alzheimer Scotland



ArabTrust



Ardler Primary School



Down's Syndrome Scotland



Dundee Active Schools



Dundee Bairns



Dundee City Council



Dundee City Disability Sport



Coldside, Maryfield & Strathmartine CRF's



Foundation Scotland



Grosvenor Casinos



Haven: The Hearing Voices Network



Heritage Lottery Fund



Kingspark School



Leisure and Culture Dundee



Scottish Disability Sport



Scottish Football Association



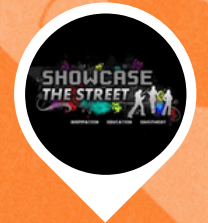
Scottish Para Football



Scottish Professional Football League Trust



Scottish Women's Football



Showcase the Street



The Hunter Foundation



The National Lottery Community Fund



The Scottish Football Partnership Trust



The Scottish Government



United Ladies of Tannadice 83



Walking Football Scotland



Care Group



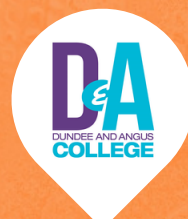
Bank of Scotland Foundation



Cash For Kids



Cattanach Trust



D&A College
Gardyne Campus



Dens Road
Primary School



DM Thomas Foundation
for Young People



Dundee Social
Enterprise Network



Dundee United
Business Club



Dundee United
Development Association



Dundee United
Supporters Foundation



Dundee Volunteer
& Voluntary Action



Fans
United



Federation of Dundee
United Supporters Clubs



Gannery



Netball
Scotland



NHS
Tayside



Our Ladys RC
Primary School



Scotmid
Coop



Scottish Children's
Lottery



Scottish Council for
Voluntary Organisations



St Peter & Pauls
Primary School



St Peter & Pauls RC
Primary School



STV Chance
to Study



Tayside
Contracts



Tayside
Dynamos



The Dundee
Sports Dinner



The Hugh Fraser
Foundation

FUNDRAISING

DUCT relies heavily on the generosity of those who organise, take part in and donate to its fundraising events and activities. Without this support much of the achievements of the Trust, for the community, would not be possible. Despite restrictions linked with Covid-19 being in place for most of the year, the Community Trust was able to adapt its approach to implement new fundraising activities to replace the income streams lost because of the pandemic.

To celebrate Dundee United FC achieving promotion back to the top flight of Scottish Football as well as raise essential funds for the Community Trust, the Premiership Challenge was launched. This challenge saw fundraisers walk, run or cycle 149 miles - the cumulative distance from Tannadice Park to the other 11 stadiums in the Scottish Premiership. The campaign raised £3,377 and was officially tackled by 12 fundraisers; with 188 people donating. A special thank you goes to Dundee United Girls Academy player Zara Chaplin, aged 8 years old, who completed the challenge raising £1,100 in the process.

Team DUCT once again took part in Kiltwalk, with 8 fundraisers completing the Edinburgh and Dundee virtual events raising £3,136.68 between them, which was then doubled by The Hunter Foundation. Team DUCT walked over 200 miles between them. This fantastic commitment played a key role in the Community Trust supporting the community when it needed it most.

2020 also saw the Trust deliver its first ever Christmas Raffle, with 218 donors raising £3,163 to support its charitable activities. Prizes included signed prints of current Dundee United FC player Lawrence Shankland and United legend Craig Brewster as well as fantastic cash sums.



Zara cycled the 149 miles of the Premiership

Catherine sold hand made Christmas Cards and



A LOOK AHEAD



ip Challenge and raised £1,100 for the Trust

2021 takes DUCT into year 2 of its strategic plan and, hopefully, further along the recovery phase from Covid-19. While some needs within the community are new and some are amplified, many of the activities and services are geared towards meeting key strategic local, regional and national outcomes and as such will continue to provide vital support when its needed most.

Some key activities planned within the next 12 months include the expansion of the Para-Sports Club to include a brand new athletics programme specifically for people with a disability; as well as the addition of new football sessions to support people with a broader range of disabilities.

The Trust will strengthen its employability footprint in the local community through the delivery of up to 30 new posts via the UK Government's Kickstart Scheme. As a legacy to this, DUCT will also make progress towards becoming an SQA Centre to develop and deliver additional value through formal accreditations in the future.

The most major development in the coming months will be the expected announcement of detailed plans for a significant capital project to expand the capacity of Dundee United Community Trust.

The above provides only a snippet of what lies on the horizon for the Trust, its participants, staff and volunteers; however it hopefully serves to inspire those who already support DUCT to continue to do so; as well as encouraging new supporters to get involved too.

raised £250 towards our Festive Friends appeal



HOW TO GET INVOLVED

There are plenty of opportunities for you to get involved with DUCT.

Do something:

- Develop your skills and experience, as well as enhance your social life, by volunteering.
- Fundraise for us by taking part in events, such as the Kiltwalk or other organised events.
- Tell our story and share what we do at your workplace, your child's school or with friends - the more people who know about us, the more we can help.
- Sign yourself or a family member up to take part in one of our projects and experience the benefits of what we do first hand.

Give something:

- Make a one off or recurring donation - you can even specify which area of our work you want to support.
- Donate a gift in kind which will either support our project delivery or our fundraising.
- Leave a legacy that will impact on the community by making a donation in your Will.
- Businesses can give us their time to find out how we can help you meet your CSR objectives.

Spread the word:

- Follow us on social media and share what we are doing.

 Dundee United Community Trust

 @dundeeunitedct

 Dundee United Community Trust

 @dundeeunitedct

 Dundee United Community Trust

Contact us:

By e-mail - enquiries@dundeeunitedct.co.uk

By phone - 01382 833 166

By post - Tannadice Park, Tannadice Street, Dundee, DD3 7JW

2020: A YEAR IN NUMBERS



1,985

UNIQUE PARTICIPANTS

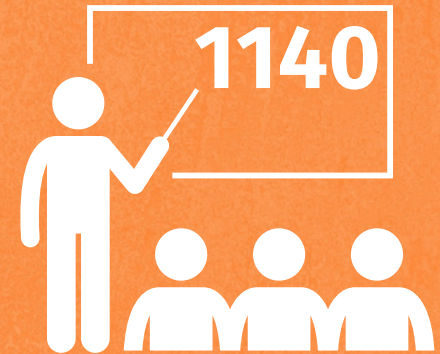
1428 MALE 557 FEMALE
 161 PEOPLE WITH A DISABILITY
 111 PEOPLE UNDER THE AGE OF 4
 489 PEOPLE 50+ YEARS OLD



58,810

ENGAGEMENTS

THATS LIKE FILLING TANNADICE PARK 4
 TIMES OVER



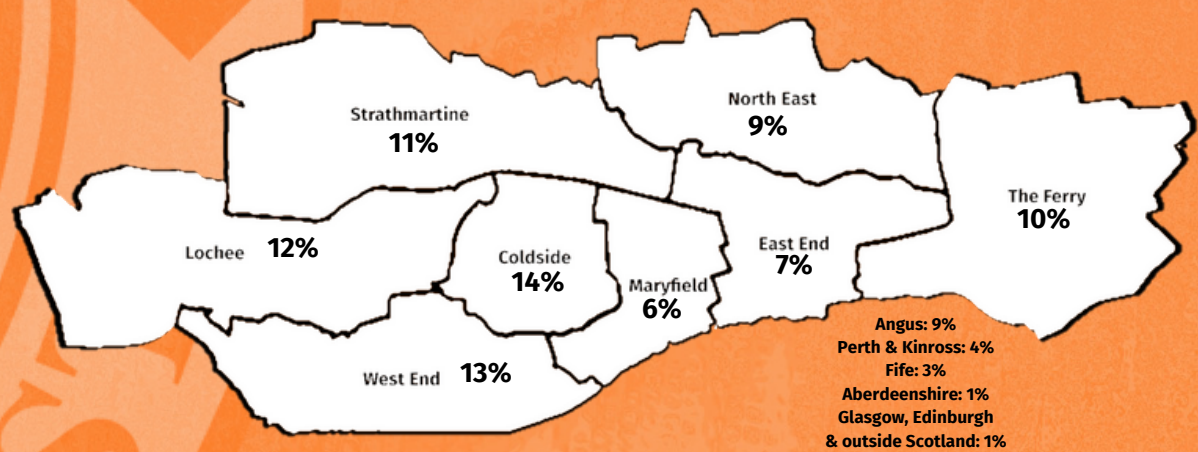
SESSIONS

MORE THAN 21 PER WEEK

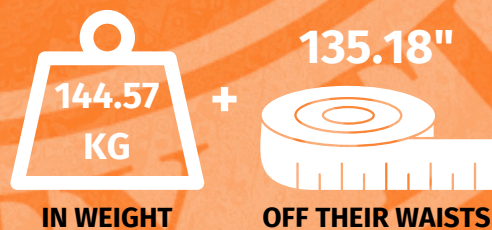


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% OF PARTICIPANTS PER WARD



OUR FFIT MEMBERS LOST A COMBINED



17 MONTHS
- 89 YEARS

AGES OF OUR YOUNGEST AND
 OLDEST BENEFICIARIES



1,737
HOURS
OF DELIVERY

THE EQUIVALENT OF OVER 72 DAYS

