



**DUNDEE UNITED
COMMUNITY TRUST**

2021 ANNUAL REPORT

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WELCOME

Welcome to Dundee United Community Trust's 2021 Annual Report. I would encourage you to have a good read of the report, and I promise you will be simply amazed at the range of services we deliver in the local community. Our Charity has managed to grow, adapt and develop against a backdrop of significant challenges as the recovery from the Covid-19 pandemic continues.

We began 2021 in much the same way as we ended 2020, adapting our activities to ensure we could support our local community while learning to live with ever-changing restrictions while continuing to challenge the barriers the people we support face in taking part in sport and community activities.

The past 2 years has been difficult for all of us but we remain acutely aware that life before Covid was already challenging for many people in our community, and the pandemic has simply amplified the impact.



DAVID DORWARD MBE
CHAIR

Now just as we all learn to live with Covid restrictions, many of our citizens are going to be faced with a cost-of-living crisis, and the Community Trust will endeavour to help as many of our citizens as we can during these challenging times.

The Trust has grown significantly over the last 4 years, however our plans for 2022 and beyond are truly exciting and will see us expand our services and help many more of our fellow citizens.

As a Board we are extremely fortunate to have a Chief Executive and team of staff members and volunteers who are committed to improving the lives of people in Dundee and the surrounding areas and we are grateful for the efforts of each and every one of them. I have seen first-hand the hard work they put in, and the difference that it makes to so many people. In addition, I would wish to acknowledge the commitment of the Board of Trustees.

INTRODUCTION

I'm extremely fortunate to lead a team of staff members and volunteers who are committed to improving the lives of people in Dundee and the surrounding areas and I'm grateful for the efforts of each of them. I see first hand the hard work they put in, and the difference it makes. Despite the challenges we all faced in 2021 – much like 2020 before it – we continue to do our best for our community and hope this report gives you a flavour of what the Trust has been involved in.

2021 was another growth year for us and while we've managed to deliver much more in person and group support, we were still required to be really agile with changing restrictions relating to Covid-19. We extended our Festive Friends programme to deliver a fantastic Burns Supper to 100 people and also delivered 100 afternoon tea boxes to local families to celebrate St Patricks Day. Huge thanks to our friends at Balhousie Care Group and Taypark House for providing the meals for these projects. We kept our walking footballers motivated with a weekly step challenge that amassed well over 7 million steps while the group kept fit until restrictions allowed team training to return. Summer 2020 brought another opportunity to remove and challenge the barriers the people we support face in taking part

in sport and community activities, as thanks to the Summer of Play Fund we took our school holiday programme to new levels. We delivered what we believe to be the most diverse holiday sports programme in Scotland, providing 7 weeks of activity for children and young people with a disability for the first time as well as increasing the number of girls taking place in our ever-popular camps. Our Partner Schools Programme expanded to welcome Clepington Primary School, with some fantastic work going on to support pupils as part of a whole-school approach. I'm particularly proud of our determination to push boundaries to create opportunities as a Kickstart Gateway Employer which has created job opportunities for almost 30 young people, with this project carrying into 2022.

Huge thanks on behalf of our team to everyone who has played a part in helping us to help those who need us within the local community. I hope you enjoy reading about more of our work within our 2021 Annual Report.

JAMIE KIRK
CHIEF EXECUTIVE



OUR VISION & OUR MISSION

We are currently utilising a 5 year strategic plan, which guides our work through until the end of 2024. This report details our progress in year 2. Our mission is to work with Dundee United Football Club to improve the lives of people in Dundee and the surrounding areas. Our vision is to be the most innovative and impactful Community Trust of its kind in Scotland, recognised as a key player in sport and community development locally and a prime example of best practice in sport for change.

BOARD OF TRUSTEES & KEY STAFF

TRUSTEES: DAVID DORWARD MBE (CHAIR), GAVIN MUIR (VICE-CHAIR), SUSAN BATTEN (TREASURER), COLIN CLEMENT, COLIN STEWART, IAN GRANT, IAN LOWE, MOIRA HUGHES, RIZWAN RAFIK.



JAMIE KIRK
CHIEF EXECUTIVE



CHERYL MARSHALL
EMPLOYABILITY
MANAGER



LORNA THOMSON
BUSINESS
SUPPORT MANAGER



PAUL WILSON
HEAD OF
COMMUNITY DEVELOPMENT



**GEORGIA
CARTER**
GIRLS & WOMENS
DEVELOPMENT
OFFICER



**MELISSA
GORMLEY**
COMMUNITY
DEVELOPMENT
OFFICER



**MICHAEL
ANDERSON**
EARLY YEARS
DEVELOPMENT
OFFICER



**RYAN
ALEXANDER**
PARA-SPORTS
DEVELOPMENT
OFFICER



**SCOTT
MADDEN**
PRE-ACADEMY
& EVENTS
MANAGER

OUR STORY SO FAR

2017

Became Official Charity of Dundee United Football Club, relaunching as Dundee United Community Trust.

Community based projects transferred from Dundee United FC to the Trust upon its inception.

Launched the Walking Sports Club project for over 50s.

Launched the Homework Club, a curricular enrichment project.

Hosted a Burns Supper to celebrate volunteering in Dundee.

£59,012

INVESTED IN OUR COMMUNITY IN 2017

2018

Huge growth achieved, building on the community programmes transferred from Dundee United Football Club at the relaunch.

Part of the National Launch of the SPFL Trust 4-4-2 Reading Challenge project.

Piloted new breakfast clubs in 3 local schools.

Supported local charity Dundee Bairns in the delivery of food and football after school.

Delivered our first Christmas Day meal, supporting 68 members of the local community.

£272,746

INVESTED IN OUR COMMUNITY IN 2018

2019

Launched a brand new Community Club to provide opportunities for people with a disability to take part in football.

Removed the cost barrier to access our soccer centres, providing free football coaching in areas of multiple deprivation.

Secured significant funding from the Scottish Government to support an innovative infant school intervention, Terry's Club.

Dundee United WFC promoted to SWPL 2.

Worked with Dundee City Council to significantly revamp our annual Open Day.

AWARDS & RECOGNITION



£292,000

INVESTED IN OUR COMMUNITY IN 2019

2019

new Para Football opportunities for people to take part in sport.

of all after-school providing 100s of hours coaching targeted in deprivation.

at funding from to deliver an t oral health Tooth Club.

achieved promotion

lee United FC to then put on their

AWARDS & RECOGNITION IN 2019

SCOTTISH FA EAST REGION'S BEST PARA FOOTBALL PROJECT

UEFA GRASSROOTS AWARDS BEST PROFESSIONAL CLUB IN THE COMMUNITY

GOVERNANCE AWARD QUALITY STANDARD FOR SCOTTISH CHARITIES

£2,628

INVESTED IN OUR COMMUNITY IN 2019

2020

Embarked on our new strategic plan set to guide the next 5 years of development of the Charity.

Launched United v Covid-19 to provide crisis support to those in the community who need it most.

Announced Kingspark School as the Trust's first Official Partner School, with a staff member based in the school 3 days per week supporting children with complex additional support needs.

Successfully adapted delivery method for Festive Friends to support more people than in previous years.

Completed delivery of our innovative Education Hub pilot, working with 5 local schools to provide wraparound support to targeted pupils.

AWARDS & RECOGNITION IN 2020



UEFA GRASSROOTS AWARDS BEST PROFESSIONAL FOOTBALL CLUB BRONZE AWARD



SCOTTISH FA EAST REGION'S BEST PARA FOOTBALL PROJECT

£399,373

INVESTED IN OUR COMMUNITY IN 2020

2021

We became an approved Kickstart employer in late 2020 and employed the first of our 28 new recruits in April 2021, securing a UK Government funding contract for the first time.

Our core staff team expanded again, welcoming Lorna Thomson as Business Support Manager and Cheryl Marshall as Employability Manager. Ryan Alexander joined as our first full-time Para-Sports Development Officer.

Our Girls U17s won the 1st piece of competitive silverware for our thriving Girls Academy, which now boasts over 100 players aged 6 – 18.

Cleington PS joined as our 2nd Official Partner School, with our team working with the pupils 5 days per week to improve health and wellbeing.

A full 7 week summer holiday programme was delivered for children and young people with a disability. The popularity of the programme led to the Trust starting a Para-Athletics Club and two Boccia Clubs.

£285,501

INVESTED IN OUR COMMUNITY IN 2021

OUR STRATEGIC PILLARS



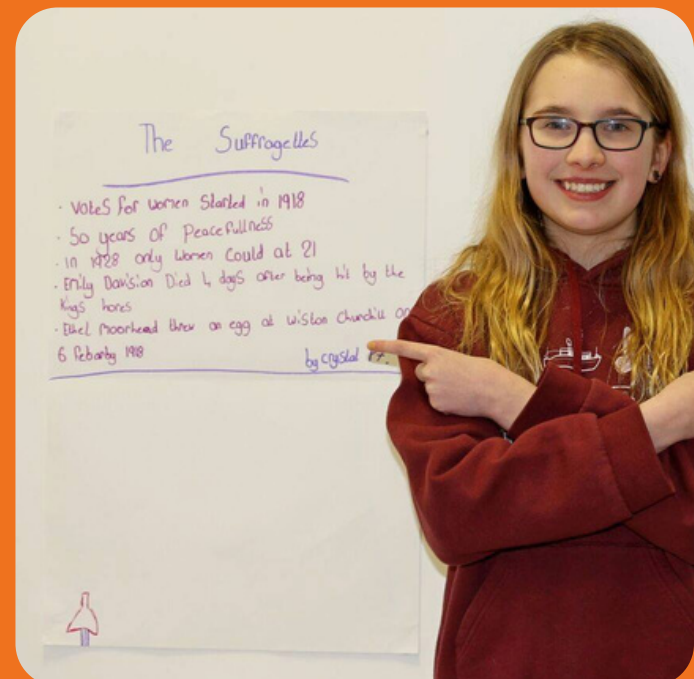
HEALTHY LIFESTYLES

We understand the challenges many people face in trying to achieve a healthier lifestyle as well as the impact this has on local, national and international policy. We will support the inactive to become active as well as encouraging those already active to retain a healthy lifestyle; whilst delivering activities that will improve mental health and wellbeing.



LIFELONG LEARNING

Evidence shows the importance of the best start in life and the value of skills development not only at a young age but also from a lifelong learning perspective. The attainment gap between the most and least disadvantaged children and young people is a key challenge which often continues into adulthood. We will provide curriculum-enriching projects in partnership with local schools to help close the attainment gap as well as being flexible to the needs of the community in other linked areas such as adult learning and employability.





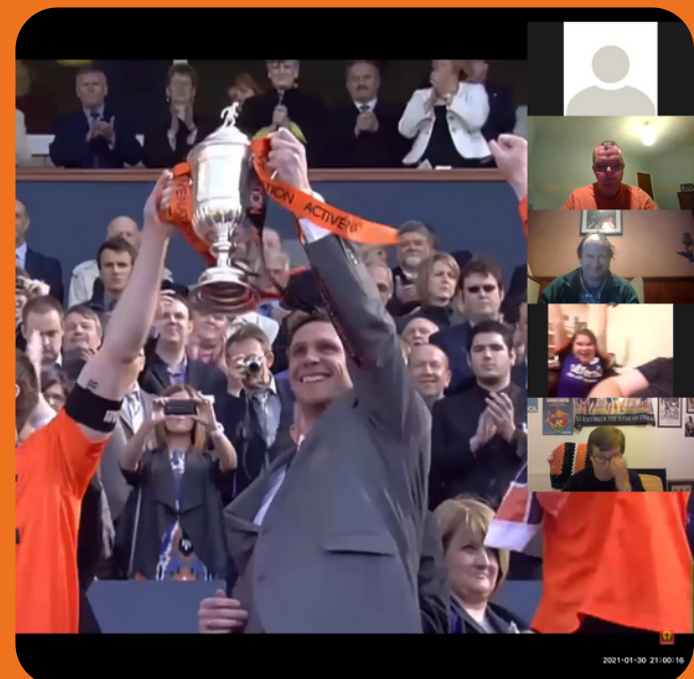
SPORT FOR ALL

The benefits attached to participation in sport are well reported. These include skills development, improved health and wellbeing and the development of social skills. Sport has a key part to play in helping people lead a happy and healthy life. Our aim is to remove barriers to taking part in sport and to play a part in increasing the number of people taking part, keeping people involved in sport and ensuring that sport is available to anyone who wants to take part.



UNITING THE COMMUNITY

It is understood that families living in areas of multiple deprivation face an abundance of inequalities linked to physical and mental health, education and employment. It is not surprising that people who are often harder to reach such as people living with a disability, refugees or those living in isolation are much less likely to take part in community activities. We will be United in challenging the inequalities faced by the people and communities we work within and strive to provide fair treatment and opportunities for all.



HEALTHY LIFESTYLES



GO FITBA' - FREE MEALS & ACTIVITIES FOR KIDS

Go Fitba' is a football-based health and wellbeing project for primary school kids delivered in partnership with The Scottish Football Partnership Trust.

In 2021, we delivered week-long Easter Camps in two wards of Dundee where 28 children received free warm meals, physical activity and information about how to lead a health lifestyle.



2021 WALKING CHALLENGE

WALKING CHALLENGE - 6.5+ MILLION STEPS

The Trust teamed up with its counterparts at the Hibernian Community Foundation and Raith Rovers Community Foundation to challenge people to get up, get active and count their steps.

There were 37 participants in total who managed more than 6.5 million steps in the fortnight long challenge. Throughout the challenge, participants averaged more than 12.5k steps per day!



WALKING FOOTBALL - 41 ADULTS TAKING PART

Despite fluctuating restrictions on adult sport proving challenging, we had 41 different men and women take part in our Walking Football sessions throughout 2021.

A Dundee United Community Trust team also took part in the regional Walking Football league, hosted at the Regional Performance Centre in Dundee.

STEPHANIE'S STORY

"Tiny Tangerines has been very beneficial for my kids, it's got them enjoying the outside world again and gives them something to look forward to."

Stephanie has 2 children, Elijah and Oliver, that attend our Tiny Tangerines sessions. Elijah is 4 years old and Oliver is 2 years old. Elijah is always excitable and engaging throughout the session and tries his hardest through all the games that we play, he also has a great memory of games that we have played previously. Oliver meanwhile finds it a little harder to take part in the games that we play, but that doesn't stop him from running about and enjoying himself throughout the session with a ball at his feet.

"Each week my 4 year old asks nearly every day if he's going to football tonight, he's very excited and enthusiastic about it and it's amazing to see him so happy about doing something that is good for his health and social skills."

"My 2 year old is very strange in groups of people, he doesn't know but he has the freedom to join in when he wants and go off on his own when he wants which is really helping him to be okay in a social situation and get used to being around other people."

"It's also helped me, I have social anxiety and for a long time even before Covid didn't leave the house much at all, starting to come to football with the kids inspired me to do more and now I'm pushing myself to get the kids in more clubs such as book bug, toddler groups, pram pushing groups etc out for days out to the museum, feed the ducks etc and I've even started to apply for jobs it all started with attending one club with the kids first so it has been very Impactful on this family connor happy cause his sons are playing football and he's a football nut so all round a happy household"

What resonates from what Stephanie said is that the class has inspired her to try to overcome her social anxiety, something she has had from long before the Covid pandemic hit, and something that has likely heightened due to the circumstances we all face. Attending Tiny Tangerines with her children has inspired and enabled her to get out and do every day things, such as going to the park or attending other classes and she is now motivated to try to move into permanent employment. We consider this a fantastic achievement and hope we can have a similar impact on all our participants that need it.



LIFELONG LEARNING



KICKSTART SCHEME - 28 WORK PLACEMENTS

The Trust became a gateway employer as part of the Government's Kickstart Scheme aimed at supporting young people get into employment.

The Trust has provided 28 six-month work placements across a variety of roles and regular employability skills training, with many moving on to full time employment.



KINGSPARK SCHOOL

Kingspark School remains a key partner of the Trust, with its Para-Sports Development Officer, Ryan Alexander, based in the school three days per week with the aim of growing the opportunities for pupils to take part in sport, strengthen the link between school and community sport, and support the transition of senior school pupils through our creative curricular enrichment activities and employability support.



CLEPINGTON UNITED

Clepington United sees the Trust use the power of football to engage pupils at Clepington Primary School during curricular time. The Trust delivers daily sessions for P7s and weekly sessions for P5s where pupils can enjoy taking part in football and physical activity whilst also working on skills such as communication, confidence, leadership and working as part of a team.

AMY'S STORY



“Best sport sessions we have found in 15 years. She came away from them with a big smile and rosy cheeks.”

Amy heard about the Trusts work in para-sports through local autism and learning disability support groups on Facebook and after reading the information and positive reviews posted from families in similar situations, decided to book Fern, her 14 year old daughter, on our 2020 summer camp.

“We managed to catch the end of the summer camps and the opportunity to try with no initial cost was perfect. We may not have went otherwise as adapting to new environments and changes to routines can be overwhelming but my daughter, 14, loved the sessions immediately.

“Fern had tried many other activities in the past however usually had to give them up which was demoralising all around. There may be more disability awareness in sport these days, however, we have felt embarrassed, helpless and excluded many times. We have been told swimming lessons were totally unsuitable and often had instructors say an activity just wasn't for us.

“Para-Athletics Club and LD Football offered by Dundee United Community Trust definitely is for us! The coaches are knowledgeable, helpful and approachable, and feedback has quickly been acted on to better meet need and demand.

“I have seen a real difference in my daughter: she changes in to her kit independently, carries her bag and looks forward to going. She is engaged and motivated and is developing confidence in her ability. My daughter has made friends and, to my surprise, instead of the usual me nagging while she drags her heels, she even decided to sprint for a bus after one session!”

“The location is great for us too. We can use public transport pretty much door to door, and it has proven to be more affordable and convenient than trying to attend clubs closer to home – we live in north east Fife. We have relations in Dundee so Sunday lunch has become a regular thing too!”

“From chatting to other parents I have found out about various sources of support. My daughter now attends a Youth Group that supports young adults with learning disability – this would not be possible had we not linked up with another family to travel directly their from the Trust's Para-Athletics Club on Mondays. All of this is vital for our wellbeing particularly after lockdown put a stop to so much, it saves my sanity!

“I've also noticed some participants have now started developing their skills and growing their independence by taking part in coaching and mentoring programmes. It is such a fantastic example to set as it inspires and encourages parents and carers too.”

SPORT FOR ALL



TINY TANGERINES - FREE ACTIVITY FOR KIDS

Thanks to funding from the Cattanach Trust and partnering up with Dundee Active Schools, we were able to continue our free Tiny Tangerines project which is aimed at giving children the best start in life.

Over 120 nursery aged children took part in weekly sessions that support their long term physiological development.



GIRLS ACADEMY - U17s WIN LEAGUE

The Trust's Girls Academy grew from strength to strength in 2021 and now provides opportunities for more than 100 girls to play football.

The team highlight of 2021 was the U17s winning the U17s East Kirsty Smith League in their first full season as a team - well done girls!



PARA-SPORTS CLUB - 186 MEMBERS

Dundee United Para-Sports Club launched in 2019 and has seen significant growth year-on-year. 2021 saw the number of Para-Sports Club memberships grow from 80 to 186!

The Trust delivers 11 projects on a regular basis for people who are living with a learning disability, a physical disability, a sensory impairment or have mental ill health.

SARAH'S* STORY

“I got to the point where I didn’t want to be alone without my dad.”

Sarah joined the Girls Academy in 2019 and was one of the first girls to join Dundee United Community Trusts new girls football pathway.

Sarah was a bright talented girl and a very enthusiastic 8-year-old who always had stories to tell.

During 2020, Sarah, then aged 9, began to experience bullying from her classmates at school; this involved verbal, emotional and physical bullying.

The extremity of this bullying began to show as Sarah's character changed drastically. Sarah went from being a bright, bubbly individual to being very shy, secluded, and quiet.

Sarah started to hate attending school and for a period only felt comfortable coming to Girls Academy.

Sarah went through a period where she severely lacked confidence and stopped attending activities regularly. She felt that she couldn’t be without her dad as she was scared of being alone in case someone chose to bully her again. She only felt safe with her dad, which also impacted his freedom as he struggled to leave her side.

Girls Academy provided an escape and safe space for Sarah; somewhere she could get away from her bullies and a place she could relax and feel comfortable being herself. Sarah attended every training session and match despite missing days at school.

“I was scared that people at school would make fun of me but at football I knew my teammates were my friends and that they would help and support me. I felt I could be normal at football.

Being part of the Girls Academy has helped me to build back my confidence and now I don’t care if I am alone because at football, I only think happy thoughts and I am surrounded by my friends.”

Sarah's family added: “We are thankful Sarah has the girls and coaches at the Girls Academy who were so supportive. The team aren’t taught to be friends, they are taught to work together and be teammates, and this is probably why they are now all the best of friends. We are thankful for the Girls Academy as it helped Sarah to understand it was okay to be herself and really helped her to build back her confidence and feel happy again.”



**name has been anonymised*

SPORT FOR ALL



PARA-ATHLETICS CLUB - BRAND NEW ACTIVITY

The Trust started a brand-new Para-Athletics Club - the first of its kind in Dundee!

The Para-Athletics Club has been a huge success with 27 young people living with a disability taking part in multiple activities that involve running, jumping and throwing.



PARA-CAMPS - 7 WEEKS OF FREE ACTIVITY

The Trust received funding from the Summer of Play fund that allowed us to deliver what we believe to be the most diverse holiday programme for people with a disability in Scotland.

Participants had the chance to take part in a many sports, with dedicated camps for football, athletics, boccia, goalball, racket sports, powerchair football, multi-sports, and the Paralympics.



BOCCIA CLUB - NEW SESSIONS FOR ALL AGES

The Trust also started brand-new Boccia Clubs for both children and adults.

The inclusive Paralympic sport provides opportunities for anyone to get involved, and there are already 47 members at Dundee United Community Trust's two Boccia Clubs.

WIL'S STORY



“As a family we have a much more positive outlook and Wil’s happiness since joining the Dynamos is a brilliant thing to see.”

Dundee United Community Trust formed a partnership with Tayside Dynamos to allow new player to have a pathway in powerchair football. Dundee United Dynamos was launched to provide an entry point for powerchair football and now it competes in the national Championship League, with Tayside Dynamos competing in the national Premiership League.

Wil Ritchie first attended Dundee United Para-Sports Club in summer 2021 when he joined our Powerchair Football holiday camp. Thanks to Summer Of Play funding from Dundee City Council, we were able to provide 7-weeks of Para-Sports Camps free of charge.

“Wil was a very keen able bodied sports person before an accident in 2020 left him with a considerable brain injury and physical mobility issues.”

Wil is able to walk with the assistance of crutches meaning he could not keep up with others in a game of football. One of the Tayside Dynamos players goes to the same school as Wil and suggested powerchair football and used the summer holidays as a great opportunity to try the sport. Wil instantly loved the sport, getting to be part of a team and being able to keep up with everyone else.

Since then, Wil joined the Dundee United Dynamos and regularly attends training as well as being a key player in the Championship team. Wil’s Mum gave us her thoughts on Wil joining Dundee United Para-Sports Club:

“Without a doubt joining the club has helped in many ways. It has provided Wil with an opportunity to enjoy training alongside others. It has allowed him to learn about football tactics and how to apply them using the power chair. He feels part of a team, enjoying the social interaction which he was missing since his accident. The club promotes so many positive values, is so inclusive, and sessions are led in such a friendly manner yet challenge all involved.”

Wil had a huge void not being able to play rugby in which he excelled at, and it was difficult for him to come to terms with how his life had changed. We were struggling to even talk about sport of any kind with Wil. He now can’t wait for training sessions and thrives each week after attending.”

Sport is so much more than just keeping fit, the benefits are limitless. Our Para-Sports Club provides opportunities for people to take part in sport and physical activity in a safe, engaging environment, and Wil is a prime example of this.

UNITING THE COMMUNITY



FESTIVE FRIENDS - OVER 220 MEALS DELIVERED

Our plan for Festive Friends had to change last minute due to updated Covid restrictions, meaning we were unable to host an event for up to 70 people at Tannadice Park.

We did manage to deliver over 220 three-course meals and gifts to local residents thanks to our partners at the SPFL Trust and Balhousie Care Group.



BIG NIGHT IN - 70+ JOIN DUFC LEGEND

The Trust teamed up with DUTV's Ally Heather and DUFC Hall of Famer Seán Dillon to rewatch the 2010 Scottish Cup Final and help improve people's mental health and raise awareness for Wellbeing Works.

70+ people joined us to watch United lift the Cup, hear Seán's personal commentary, and a Q&A session with the silver kisser.



BURNS SUPPER & ST PATRICKS DAY

To help tackle isolation and give some local residents a much needed lift, the Trust teamed up with Balhousie Care Group to deliver a three-course Burns Supper and then teamed up with Taypark House to deliver a St Patrick's Day themed afternoon tea.

Over 300 deliveries were made across both events!

OUR LOGIC MODEL

FUTURE GOALS

Contribute to reducing the attainment gap in and around Dundee

Raise aspirations through inspiring those we work with.

Play a part in improving the mental health of people in Dundee and its surrounds.

Support in improving active participation in community based activities and services.

Help more people to get and stay active in our community.

LOCAL STRATEGIES



Reduce unemployment

Improve early years outcomes.

Close the attainment gap.

Improve physical, mental and emotional health in children and young people.

Improve health and wellbeing outcomes for children and young people who experience inequalities.

Reduce obesity.

Improve mental health and wellbeing.

Reduce levels of anti-social behaviour.

NATIONAL STRATEGIES



CHILDREN AND YOUNG PEOPLE We grow up loved, safe and respected so that we realise our potential.

COMMUNITIES We live in communities that are inclusive, empowered, resilient and safe.

EDUCATION We are well educated, skilled and able to contribute to society.

FAIR WORK AND BUSINESSES We have thriving and innovative businesses, with quality jobs and fair work for everyone.

HEALTH We are healthy and active.

POVERTY We tackle poverty by sharing opportunities, wealth and power more qally.



FOOTBALL FOR LIFE Grow the value and benefit of football for individuals, communities and societies across Scotland, providing high quality opportunities for everyone to participate and develop through our game.

GROWING THE GAME Grow the scale and diversity of our football membership through improved opportunities for people of all ages, abilities and backgrounds.

DEVELOPING TALENT Contribute to the improvement of better players, coaches and officials through high quality support via ANAs, leagues, clubs, coaches and players.

FOOTBALL FOR SOCIAL CHANGE Improve the breadth of impact that football has in contributing to Scotland's social capital.

INTERNATIONAL STRATEGIES




A strong case be made for the Trust supporting and contributing towards 14 of the United Nations 17 Sustainable Development Goals.



OUR IMPACT - LOCAL LEVEL

 DUNDEE CITY COUNCIL OUTCOMES	 DUNDEE UNITED COMMUNITY TRUSTS IMPACT
<p>REDUCE UNEMPLOYMENT</p>	<p>28 YOUNG PEOPLE ACCESSING UNIVERSAL CREDIT HAVE BEEN SUPPORTED INTO EMPLOYMENT THROUGH THE KICKSTART SCHEME, WITH SOME ALREADY HAVING SECURED FUTURE EMPLOYMENT FOLLOWING THEIR 6 MONTH POST WITH THE TRUST</p>
<p>IMPROVE EARLY YEARS OUTCOMES</p>	<p>179 HOURS OF EDUCATION AND PHYSICAL ACTIVITY AIMED AT YOUNG PEOPLE FROM 18 MONTHS TO 3 YEARS BOTH IN A NURSERY AND COMMUNITY SETTING</p>
<p>IMPROVE PHYSICAL, MENTAL AND EMOTIONAL HEALTH IN CHILDREN AND YOUNG PEOPLE</p>	<p>2,158 CHILDREN AND YOUNG PEOPLE TOOK PART IN SESIONS WHICH HAD PHYSICAL ACTIVITY INVOLVEMENT</p>
<p>IMPROVE HEALTH AND WELLBEING OUTCOMES FOR CHILDREN AND YOUNG PEOPLE WHO EXPERIENCE INEQUALITIES</p>	<p>WE OPERATE A PARA-SPORTS CLUB THAT PROVIDES OPPORTUNITIES FOR PEOPLE LIVING WITH A DISABILITY TO TAKE PART IN SPORT AND PHYSICAL ACITIVITIES - IT HAS 186 MEMBERS</p>
<p>IMPROVE MENTAL HEALTH AND WELLBEING</p>	<p>DELIVERED 373 HOURS OF PHYSICAL ACTIVITY FOR ADULTS LIVING WITH A MENTAL ILL HEALTH DIAGNOSIS, SUPPORTING THE ONLY TEAM TO REPRESENT OUR CITY IN THE NATIONAL LEAGUE STRUCTURE DELIVERED BY THE SCOTTISH FA</p>

OUR IMPACT - NATIONAL LEVEL

 SCOTTISH GOVERNMENT OUTCOMES	 DUNDEE UNITED COMMUNITY TRUSTS IMPACT
<p><u>CHILDREN & YOUNG PEOPLE</u> CHILD MATERIAL DEPRIVATION</p>	<p>574 HOURS OF FREE FOOTBALL WERE DELIVERED TO REMOVE THE COST BARRIER</p>
<p><u>COMMUNITIES</u> PLACES TO INTERACT</p>	<p>390 SESSIONS WERE HELD WHICH PROVIDED A COMMUNAL SPACE FOR ADULTS IN OUR COMMUNITY</p>
<p><u>EDUCATION</u> WORKPLACE LEARNING</p>	<p>16 PEOPLE FROM OUR LOCAL AREA HAVE BEEN EMPLOYED THROUGH THE KICKSTART SCHEME, BEING PROVIDED TAILORED TRAINING AND EDUCATION</p>
<p><u>FAIR WORK AND BUSINESSES</u> PAY GAP</p>	<p>DUCT HAS NO PAY GAP BETWEEN ITS EMPLOYEES REGARDLESS OF GENDER, ETHNICITY, SEXUALITY, RELIGION ETC</p>
<p><u>FAIR WORK AND BUSINESSES</u> GENDER BALANCE</p>	<p>55% OF WORKING HOURS ARE COMPLETED BY FEMALE EMPLOYEES</p>
<p><u>HEALTH</u> HEALTH RISK BEHAVIOURS</p>	<p>38 ADULTS ENGAGED IN 26 SESSIONS OF EDUCATION AND GUIDANCE ON HEALTHY HABITS AND MAKING SMALL CHANGES TO LIFESTYLES</p>
<p><u>POVERTY</u> FOOD INSECURITY</p>	<p>50 MEALS WERE PROVIDED TO PARTICIPANTS IN OUR GO FITBA SESSIONS THIS YEAR AND 550+ MEALS/HAMPERS WERE DISTRIBUTED TO LOCAL RESIDENTS THROUGHOUT THE YEAR</p>

OUR IMPACT - NATIONAL LEVEL



SCOTTISH FA OUTCOMES

FOOTBALL FOR LIFE

GROW THE VALUE AND BENEFIT OF FOOTBALL FOR INDIVIDUALS, COMMUNITIES AND SOCIETIES ACROSS SCOTLAND, PROVIDING HIGH QUALITY OPPORTUNITIES FOR EVERYONE TO PARTICIPATE AND DEVELOP THROUGH OUR GAME

GROWING THE GAME

GROW THE SCALE AND DIVERSITY OF OUR FOOTBALL MEMBERSHIP THROUGH IMPROVED OPPORTUNITIES FOR PEOPLE OF ALL AGES, ABILITIES AND BACKGROUNDS

DEVELOPING TALENT

CONTRIBUTE TO THE IMPROVEMENT OF BETTER PLAYERS, COACHES AND OFFICIALS THROUGH HIGH QUALITY SUPPORT VIA ANAS, LEAGUES, CLUBS, COACHES AND PLAYERS

FOOTBALL FOR SOCIAL CHANGE

IMPROVE THE BREADTH OF IMPACT THAT FOOTBALL HAS IN CONTRIBUTING TO SCOTLAND'S SOCIAL CAPITAL



DUNDEE UNITED COMMUNITY TRUSTS IMPACT

OUR YOUNGEST ACTIVE MEMBER IS 14 MONTHS OLD

OUR OLDEST ACTIVE MEMBER IS 76 YEARS OLD

WE HAVE 43 VOLUNTEERS

WE HAVE 71 MEMBERS OVER 50 YEARS OLD.

OUR GIRLS PATHWAY IS NOW HOME TO 125 PLAYERS

186 MEMBERS ARE REGISTERED WITH THE TRUST AS PART OF DUNDEE UNITED PARA-SPORTS CLUB

17908 ATTENDANCES AT FOOTBALL COACHING PROGRAMMES IN DUNDEE, ANGUS AND FIFE

OVER 1,000 HOURS OF VOLUNTEERING IN THE GIRLS AND WOMEN'S PATHWAY ALONE

14 NEW COACHES JOINED DUNDEE UNITED COMMUNITY TRUST, 9 OF WHICH ARE FEMALE

737 PEOPLE WERE SUPPORTED IN COMMUNITY-BASED (NON-FOOTBALL) ACTIVITY

250+ MEALS WERE DELIVERED TO VULNERABLE PEOPLE IN OUR LOCAL COMMUNITY

PARTNERS & FUNDERS

Working with partners and funders who share similar visions and missions to that of the Trust is one of our core values, and we are both thankful and grateful to each of those organisations who support and contribute to our work in supporting people in Dundee and the surrounding areas.



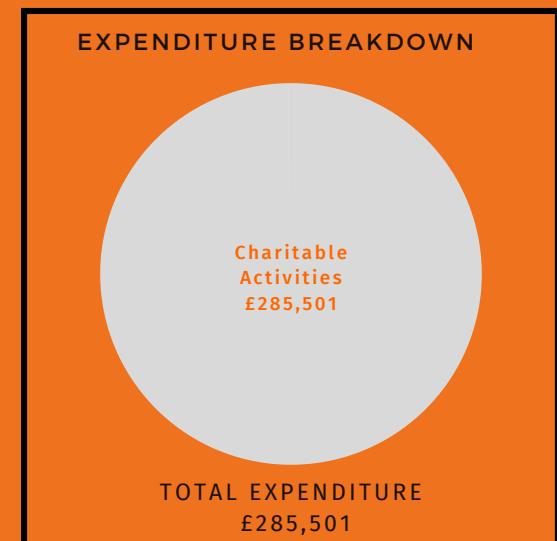
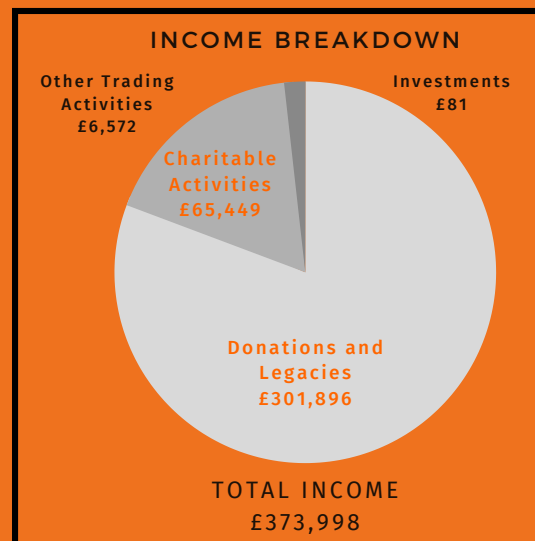
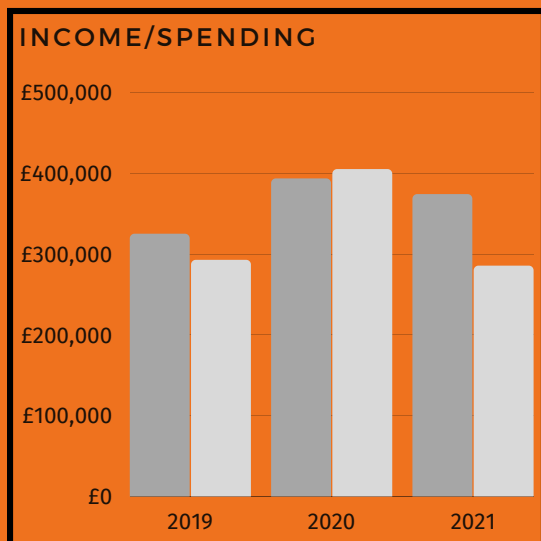
Dundee United
Football Club



FINANCIAL

Despite the impact of Covid-19 on our operations, the Charity was able to come through 2021 in a strong position. This was possible because of the fantastic support DUCT received from funders, sponsors and its donors as well as carefully balancing the ongoing pursuit of meeting our charitable objectives and protecting the sustainability of the Community Trust for its employees and beneficiaries.

Strong financial management from the Board of Trustees and Chief Executive, with the support and understanding from a fantastic team of staff, meant that DUCT was able to maintain a surplus position. This is despite a small drop in revenue of under £20,000 compared with 2019/2020. This gives DUCT a solid foundation to build from in 2022 and beyond.



A LOOK AHEAD

We look forward to celebrating the 5th 'Birthday' of Dundee United Community Trust in April 2022 and indeed look ahead to 2022 with much optimism. While we hope we are all able to live with much more freedom as we progress in the recovery from Covid-19, we appreciate that for many living within our communities there are many more challenges to come. One of our key priorities for 2022 is to 'take the pulse' again within the community and reset our Strategic Plan to reflect the many new and amplified challenges people now face as well as setting some new goals around how we plan to do our bit to help. We expect to launch our new plan in August 2022.

Within our current Strategic Plan we identified investment in our own facilities to build our capacity to help others as a key objective and we expect to make significant progress against this in the early part of 2022, with some exciting news on the horizon. We also identified the establishment of an SQA Centre of Excellence as being a key cornerstone of our future and we expect to complete this important piece of work in the coming year.

While 2021 demonstrated significant growth in our Para-Sports Club through the introduction of several new weekly sessions, we are far from the finished article. With more new sessions in the pipeline, we are also committed to further developing our partnership with Kingspark School to enhance the level of opportunity available to the children and young people at the School as well as people living with a disability in our communities. We have exciting plans to expand on our partner schools programmes as well as continuing to champion girls and women within sport, and society.

Significant work has also gone into the development of our own website to assist in enhancing the profile of the Community Trust and the level of information available to those we aim to support.



HOW TO GET INVOLVED

There are many ways in which you can get involved with the Trust and support the impact its projects has on people in Dundee and the surrounding areas.

VOLUNTEER WITH US

The Trust relies on the support of volunteers throughout the year to help deliver its projects and we're always looking to welcome new faces to our team, regardless of experience or area of interest.

MAKE A DONATION

Donate today and help us to improve the lives of people in need throughout Dundee and the surrounding areas. As an independent charity, we rely on donations to deliver our projects. You can make a one-off donation, monthly donations or donate in memory of a loved one.

FUNDRAISE FOR US

Much of our work is only possible thanks to people's fundraising efforts. You could organise your own event like a sponsored cycle, take part in a well known event like the Kiltwalk, or even fundraise at work by hosting a bake sale.

Without the help of volunteers and the donations and fundraising efforts of our supporters, projects like Festive Friends and Dundee United Para-Sports Club would not be possible to deliver.

If you'd like to find out more about how to get involved please contact us:

 enquiries@dundeeunitedct.co.uk

 www.dundeeunitedct.co.uk

 01382 833 166

     @dundeeunitedct

 Tannadice Park, Tannadice Street, Dundee, DD3 7JW

THE YEAR IN NUMBERS

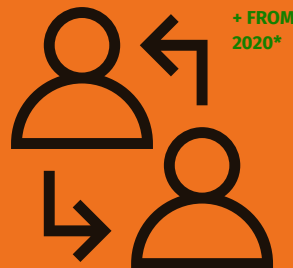
2021 has been a strong year for Dundee United Community Trust, despite the complications brought about by COVID. Below are a selection of the feats we have achieved this year and confirmation of whether these stats have increased or decreased from that recorded in the 2020 Annual Report.



+ FROM
2020

2,632

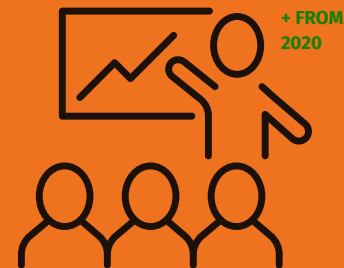
UNIQUE PARTICIPANTS



+ FROM
2020*

23,972

ENGAGEMENTS



+ FROM
2020

2,658

SESSIONS



+ FROM
2020

MORE THAN 1 IN 3

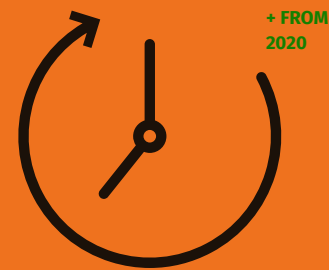
OF PEOPLE WE ENGAGED LIVE IN
THE 15% MOST DEPRIVED PARTS
OF SCOTLAND



+ FROM
2020

6,767,000

SOCIAL MEDIA
IMPRESSIONS



+ FROM
2020

5,248

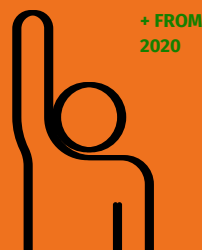
HOURS OF
DELIVERY



NEW FOR
2021

10,025

HOURS OF
EXPERIENCE
(KICKSTART)



+ FROM
2020

4,845

VOLUNTEERING
HOURS



+ FROM
2020

376

PARTICIPANTS WITH
A DISABILITY



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Website: **www.dundeeunitedct.co.uk**
Social media: **@dundeeunitedct**
Scottish Charity Number: **SC039922**